

ALBAN CITY SCHOOL

WINTER 2024

WEEK 1

04/11, 25/11, 16/12

Option 1

Monday.

Meatball Sub with Potato Wedges

Tuesday.

Beef Pie with New Potatoes

Wednesday.

Roast Pork with Roast Potatoes and Gravy

Thursday.

Sticky Chicken with Rice

Friday.

Fish Fingers with Chips and Tomato Ketchup

Option 2 v

Vegetarian

Winter Vegetable Frittata with Potato Wedges v

Vegetarian Sausage Roll with New Potatoes (Ve) v

Cheese Pasty with Roast Potatoes v

Veggie Cottage Pie v

Cheese and Tomato Pizza with Chips and Tomato Ketchup v

Option 3

Pasta with Tomato Sauce

Cheesy Tomato Pasta

Pasta with Tomato and Basil Sauce

Macaroni Cheese

Pasta with Tomato Sauce

Option 4

Baguette with a Choice of Fillings

Jacket Potato with a Choice of Fillings

Baguette with a Choice of Fillings

Jacket Potato with a Choice of Fillings

Baguette with a Choice of Fillings

Vegetables

Sweetcorn Baked Beans

Carrots Broccoli

Steamed Carrots Sweetcorn

Carrots Sweetcorn

Baked Beans

Dessert

Jam Sponge and Custard

Apple Crumble (Ve) and Custard

Oaty Bake

Chocolate Cookie with Apple Slices (Ve)

Sprinkle Iced Sponge

WEEK 2

11/11, 02/12

Option 1

Breaded Chicken Strips with Potato Wedges

Beef Bolognese with Pasta

Chicken Sausages with Mashed Potato and Gravy

Chicken Curry with Rice

Breaded Fish with Chips and Tomato Ketchup

Option 2 v

Vegetarian

Cheese and Tomato Turnover with Potato Wedges v

Veggie Bolognese with Pasta (Ve) v

Savoury Veggie Mince with Mashed Potato v

Vegetable and Lentil Curry with Rice (Ve) v

Cheese and Tomato Pizza with Chips and Tomato Ketchup v

Option 3

Pasta with Tomato Sauce

Pesto Pasta

Pasta with Tomato and Basil Sauce

Cheesy Tomato Pasta

Pasta with Tomato Sauce

Option 4

Baguette with a Choice of Fillings

Jacket Potato with a Choice of Fillings

Baguette with a Choice of Fillings

Jacket Potato with a Choice of Fillings

Baguette with a Choice of Fillings

Vegetables

Baked Beans Carrots

Carrots Sweetcorn

Cauliflower Carrots

Sweetcorn Broccoli

Baked Beans

Dessert

Vanilla Custard Shortbread with Raisins (Ve)

Jaffa Cake Pudding (Ve) with Chocolate Sauce

Rice Pudding with Jam Sauce

Apple Pie (Ve) and Custard

Chocolate Ice Cream

WEEK 3

18/11, 9/12

Option 1

Monday.

Beef Burger with Potato Wedges

Tuesday.

Chicken Pasta Bake

Wednesday.

Roast Chicken with Roast Potatoes and Gravy

Thursday.

BBQ Chicken with Rice and Tortilla Chips

Friday.

Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup

Option 2 v

Vegetarian

Chickpea and Sweetcorn Burger with Potato Wedges (Ve) v

Vegetable Lasagne v

Cheese Bake with Roast Potatoes v

Bean Chilli with Rice and Tortilla Chips (Ve) v

Cheese and Tomato Pizza with Chips and Tomato Ketchup v

Option 3

Pasta with Tomato Sauce

Cheesy Tomato Pasta

Pasta with Tomato and Basil Sauce

Macaroni Cheese

Pasta with Tomato Sauce

Option 4

Baguette with a Choice of Fillings

Jacket Potato with a Choice of Fillings

Baguette with a Choice of Fillings

Jacket Potato with a Choice of Fillings

Baguette with a Choice of Fillings

Vegetables

Baked Beans Sweetcorn

Carrots Cauliflower

Steamed Cabbage Carrots

Carrots Broccoli

Baked Beans

Dessert

Flapjack (Ve)

Strawberry and Mandarin Jelly (Ve)

Rice Krispie Cake (Ve)

Apple Whirl (Ve) and Custard

Chocolate Brownie

